

ENTREES

- 1. MIXED ENTREE\$8.90**
One piece each spring roll, curry puff, money bag, prawn spring roll and satay chicken.
- 2. SPRING ROLLS (4)\$6.90**
Minced vegetables, vermicelli, deep fried, served with plum sauce.
- 3. GOLDEN BAGS (5)\$6.90**
Chicken, peanuts and vegetables wrapped in pastry, served with plum sauce.
- 4. PRAWN SPRING ROLLS (4) ..\$8.90**
Whole prawn marinated in herbs wrapped in spring roll pastry, deep fried served with sweet chilli sauce.
- 5. FISH CAKES (4)\$7.90**
Fresh minced red fish fillets mixed with chilli paste, and Thai herbs, deep fried and served with sweet chilli sauce.
- 6. CURRY PUFFS (4)\$6.90**
Mixed vegetables, curry powder, deep fried and served with cucumber sauce.
- 7. SATAY CHICKEN (4)\$7.90**
Chicken marinated with Thai ingredients, grilled and served with peanut sauce.
- 8. CRISPY CHICKEN\$7.90**
Chicken marinated, battered and deep fried, served with sweet chilli sauce. Kids' "favourite"
- 9. GOONG YANG (5)\$8.90**
Grilled prawns marinated with herbs served with salad & sweet chilli sauce
- 10. CRISPY PRAWN (4)\$8.90**
Prawns marinated, battered and deep fried, served with sweet chilli sauce

SOUPS

- 11. TOM YUM SOUP**
Spicy soup with Thai herbs/sweet chilli paste and lemon juice.
Chicken\$6.90
Prawns \$8.90
Seafood\$8.90

- 12. TOM KHA GAI.....\$6.90**
Chicken and Mushrooms with Thai herbs, coconut milk, and lemon juice.

SALADS

- 13. LARB GAI, NEAU\$ 15.90**
Minced chicken or beef salad dressed with chilli and lemon juice.
- 14. YUM NEAU\$15.90**
Beef salad dressed with sliced lemongrass, chilli jam and lemon juice.
- 15. YUM PLA MUK\$16.90**
Squid Salad dressed with sliced lemongrass, chilli jam, lemon juice and Kaffir Lime leaf.
- 16. YUM GOONG\$19.90**
Prawn Salad dressed with chilli jam, sliced lemongrass, lemon juice and Kaffir Lime leaf.

VEGETARIAN

- 17 BEAN CURD\$6.90**
Deep fried tofu pieces served with peanut sauce.
- 18. PAD PAK\$13.90**
Stir fried mixed vegetables with Oyster sauce or peanut sauce.
- 19. PAD CASHEWS TOFU and/or VEG\$13.90**
Stir fried with chilli jam and cashew nuts.
- 20. STIR FRIED BEAN SPROUTS \$13.90**
Simple, delicious and healthy.
- 21. STIR FRIED GINGER VEG and/or TOFU\$13.90**
Stir fried with ginger and mushrooms.
- 22. PAD KA PAO TOFU and/or Veg\$13.90**
Stir fried with chilli and basil.
- 23. VEGETABLE CURRY\$13.90**
Available in Red, Green or Yellow

- 24. JUNGLE VEGETABLE\$13.90 (HOT ONLY)**
Country style hot spicy without coconut milk.
- 25. GARLIC VEGETABLE\$13.90**
Stir fried vegetables with garlic and pepper

STIR FRIED

Available in:

- Chicken or Beef\$15.90**
 - Squid\$16.90**
 - Mixed Seafood\$18.90**
 - Prawns\$19.90**
- 26. PAD KATIUM PRIK THAI**
Stir fried with garlic and pepper served on a bed of onion
 - 27. PAD GINGER**
Stir fried with ginger and mushrooms.
 - 28. PAD NAM MUN HOY**
Stir fried with oyster sauce and mixed vegetables.
 - 29. PAD MET MAMOUNG**
Stir fried with chilli jam and cashews.
 - 30. PAD PRIG**
Stir fried with fresh chilli and green beans.
 - 31. PAD KA PAO**
Stir fried with fresh chilli and basil.

CURRIES

- 32. GREEN CURRY (MED HOT)**
Green curry cooked with bamboo shoots, fresh beans and coconut milk.
Chicken or Beef\$15.90
Prawns\$19.90
- 33. RED CURRY**
Red curry cooked with bamboo shoots, fresh beans and coconut milk.
Chicken or Beef\$15.90
Prawns\$19.90
Duck\$21.90

34. PANANG CURRY

Panang chilli paste cooked with coconut milk.

- Chicken or Beef\$15.90**
- Prawns\$19.90**
- Mixed seafood\$18.90**

35. YELLOW CURRY\$15.90

Chicken or beef cooked with yellow curry (tumeric) in coconut milk and potato.

36. MASSAMAN BEEF\$15.90

Delicious sweet curry with tender beef, potato and peanuts.

37. JUNGLE CURRY (HOT ONLY)

Country style, hot and spicy made without coconut milk.

- Chicken or Beef\$15.90**

CHEF'S SPECIALS

38. SPECIAL LIME PRAWNS\$19.90

Prawns sauteed with sweet chilli jam, lime juice, coconut milk, ginger and select mixed vegetables.

39. FOREST LAMB\$19.90

Lamb fillet stir-fried with special home-made sauce, sun dried figs, steamed vegetables and steamed shallots.

40. NUTTY PRAWNS\$19.90

Prawns stir-fried with chilli paste, garlic, snow peas and crushed macadamia.

41. SATAY PRAWNS\$19.90

Whole prawns marinated cooked on the BBQ served on a bed of garden vegetables and satay sauce.

42. ROAST DUCK

WITH SPECIAL SAUCE\$21.90

Roast Duck with Forest Thai's special sauce.

43. FOREST GOONG GAI\$17.90

King prawns and chicken fillets stir fried with sun-dried tomatoes, snow peas, pine nuts, shrimp paste, garlic and pepper.

44. TROPICAL CHICKEN\$16.90

Stir-fried chicken fillet with sweet chilli jam, sun dried mango, macadamia nuts, fresh basil and mixed vegetables.

45. GOONG PAD PONG\$19.90

Stir fried fresh prawns curried with coconut milk & chilli jam.

46. GOONG FOREST THAI\$19.90

Stir fried prawns topped with Forest Thai style sauce.

47. FISH FILLETS\$17.90

Tempora style batter with a chilli and basil or Forest Thai Style sauce.

48. FOREST THAI SNAPPER\$24.90

Deep fried whole snapper topped with Forest Thai style sauce or chilli and basil sauce.

49. GAI YANG\$15.90

Grilled chicken fillet marinated with herbs served with sweet chilli sauce,

RICE AND NOODLE

50. PAD THAI\$12.90

Stir fried rice noodles with chicken prawns, egg and bean sprouts.

51. VEGETABLE PAD THAI\$11.90

Stir fried rice noodles with egg and vegetables.

52. LAKSA

Egg noodle in a special creamy curry with bean sprouts, tofu and mushrooms.

Vegetarian\$12.90

Chicken or Beef\$13.90

53. DRUNKS NOODLES

Stir fried rice noodles with fresh chilli and vegetables.

Vegetarian\$11.90

Chicken or Beef\$12.90

54. PAD SE EW

Thick Thai rice noodles, stir fried with egg and green asian vegetables.

Vegetarian\$11.90

Chicken or Beef\$12.90

55. FRIED RICE

Vegetable.....\$7.90

Chicken or Beef\$8.90

Prawn\$10.90

56. STEAMED JASMINE RICE....\$2.50

57. BROWN JASMINE RICE\$3.00

DESSERTS

58. BANANA COOKED IN COCONUT MILK\$4.90

59. BANANA PUFFS\$6.00

60. STICKY RICE
With Sweet Custard\$4.50

Mango (season dependent)\$7.00

BEVERAGES

SOFT DRINK 1.25 LITRE\$4.00

**Shop 1/449 Warringah Rd.,
Frenchs Forest**



**DINE IN
TAKE AWAY
DELIVERY
B.Y.O.**

PHONE:

9975 7844

LUNCH: Tues.-Fri.
11:30am - 3.00pm

DINNER: Tues.-Thurs. & Sun.
5.30pm - 9.30pm

Fri. & Sat.
5.30pm -10.00pm



PHONE: 9975 7844

<http://www.forestthai.com.au>

TAKE AWAY MENU

(HOME DELIVERY \$1)